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Club meets

1st Thursday

At 6:00 pm

2nd, & 4th Thursdays

At 11:45 am

88 Buffet

Opti - Topics

June – 2nd Noon Meeting

At the Club's designated starting time of 11:45, only 7 Optimists were present--a record low—and our speaker hadn't shown up, either. By noon, a couple more Optimists had joined us, as did our speaker and one guest, too.

Our guest today was Deana Braden, guest of Jim Roe. Deana is a retired Civil Servant who worked for the Army Missile Command on Redstone Arsenal.

Opening

In the absence of both President Al Adams and Vice President Vastell Williams, Vice President Jim Roe presided at our meeting today. He called on Tom Casteel to bring the opening prayer and Richie Myers to lead in Pledge of Allegiance.

Announcements



The date for the Club's annual picnic has been set for September 10. As in the past couple of years, the picnic will be held at the pavilion of the Fords Chapel UMC in Harvest. The picnic will start at 12 noon and be over by 6 p. m. The picnic will have a "pot luck" menu with the Club furnishing the meat and Club members furnishing sides and deserts.

Our business meeting is held on the 3rd Thursday of the month at the Optimist Recreation Center on Oakwood Avenue

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2 YEAR

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Program



Our speaker today was Dr. Beth Cape, Director of Preschool Ministries at Whitesburg Baptist Church in Huntsville. Before she spoke, Dr. Cape went around the room and greeted each person, and also gave them a print of one of her paintings (see photo section).

Dr. Cape related how Duane Plank had come to her office several weeks ago and asked her to speak to our Club. In the interim, she had visited our web site, and was amazed at what we stood for matched her own. Our Creed “has got my name all over it” she said.

Dr. Cape gave an overview of how she came to be in a Christian ministry here in Huntsville. She was born on a farm in Morrell, MS, and was the third of four children, having an older brother and sister and a younger sister. She said she felt “lost” as the middle child, and often heard the remark, “What good are those girls on a farm.” From her earliest days, she was determined to do something with her life. She told about several ladies who were her neighbors who loved, cared for and encouraged her. One lady got her interested in playing the piano, and her mother drove her to piano lessons twice a week for 12 years. At the age of 14 she felt called to serve the Lord. She thought maybe that meant being a missionary

In college she majored in music (piano) and had a minor in English. After graduation she taught music and English in a middle school in Mississippi. She said at that time she was concentrating on getting married and having babies. God had other plans for her, and she was selected as a journeyman missionary to Japan at the age of 25. She spent two years there teaching English and music to Japanese students. (Japan uses the same music notation). Her experiences in Japan “expanded my world.”

She returned to the U. S. to Picayune, MS, where she started a kids' ministry in a church. It was there she met her husband, an ex serviceman (U S Navy). Still determined to excel, she entered the New Orleans Baptist Seminary where she earned a D Min., with emphasis on the family. She related how she was typically the only lady in a class of 8.

Her first job in Alabama was at a church in Cullman, but eventually both she and her husband came to Huntsville. He now works for the Army on Redstone. She and her husband, an engineer, are opposites, she said. He thinks "Everything has to be perfect." She thinks, "Getting it finished is better than having it perfect."

Besides her work with preschool children at Whitesburg Baptist Church, Dr. Cape said she took up painting at the age of 42. Although she has had no formal training, she discovered she had a God given talent. She does at least 12 paintings per year which go to a calendar printed at WBC. One of her pictures was given to all men who attended church on this month's Fathers' Day.

Dr. Cape said that in two weeks she has an exciting opportunity to take a mission trip to Ukraine. On July 8 she will be joining a group from Birmingham to work at an orphanage—and they are paying all her expenses for the two-week trip.

Dr. Cape closed by saying that while she is generally a naturally optimistic person, she does have a Bible verse she goes to when feeling "down." Her verse is Philippians 2:13. She said we get strength and creativity from God in addition to optimism.

Closing

Vice President Roe gave our speaker a tile with the Optimist Creed on it. Alberto said he would be glad to sponsor her as a member. Dr. Cape drew for our attendance prize, which took a while because of our low attendance today. Eight names were drawn (one shy of the record according to Al Renz) before Richie Myers finally took the pot.

Clyde Nevins led the Club in reciting the Optimist Creed to close the meeting.

Clyde Nevins

Optimistic Quote of the Week

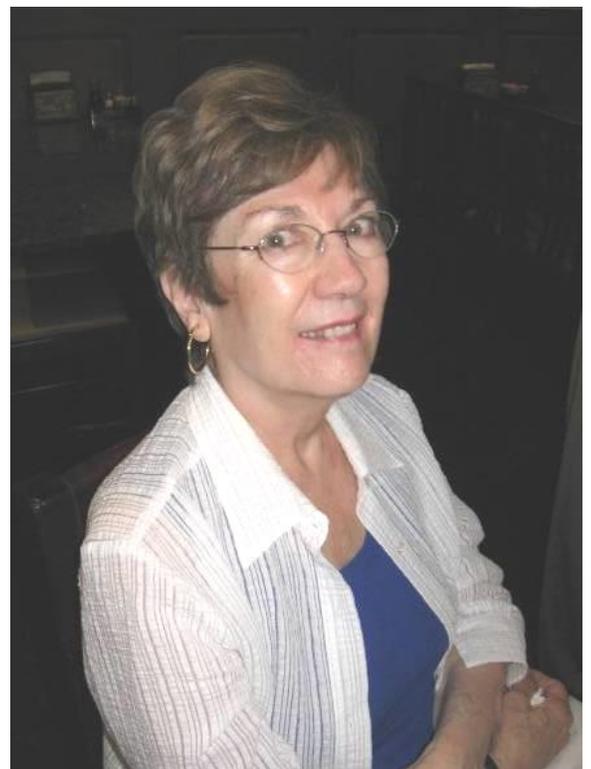
“The secret to living well and longer is: eat half, walk double, laugh triple, and love without measure.”

~ Tibetan Proverb

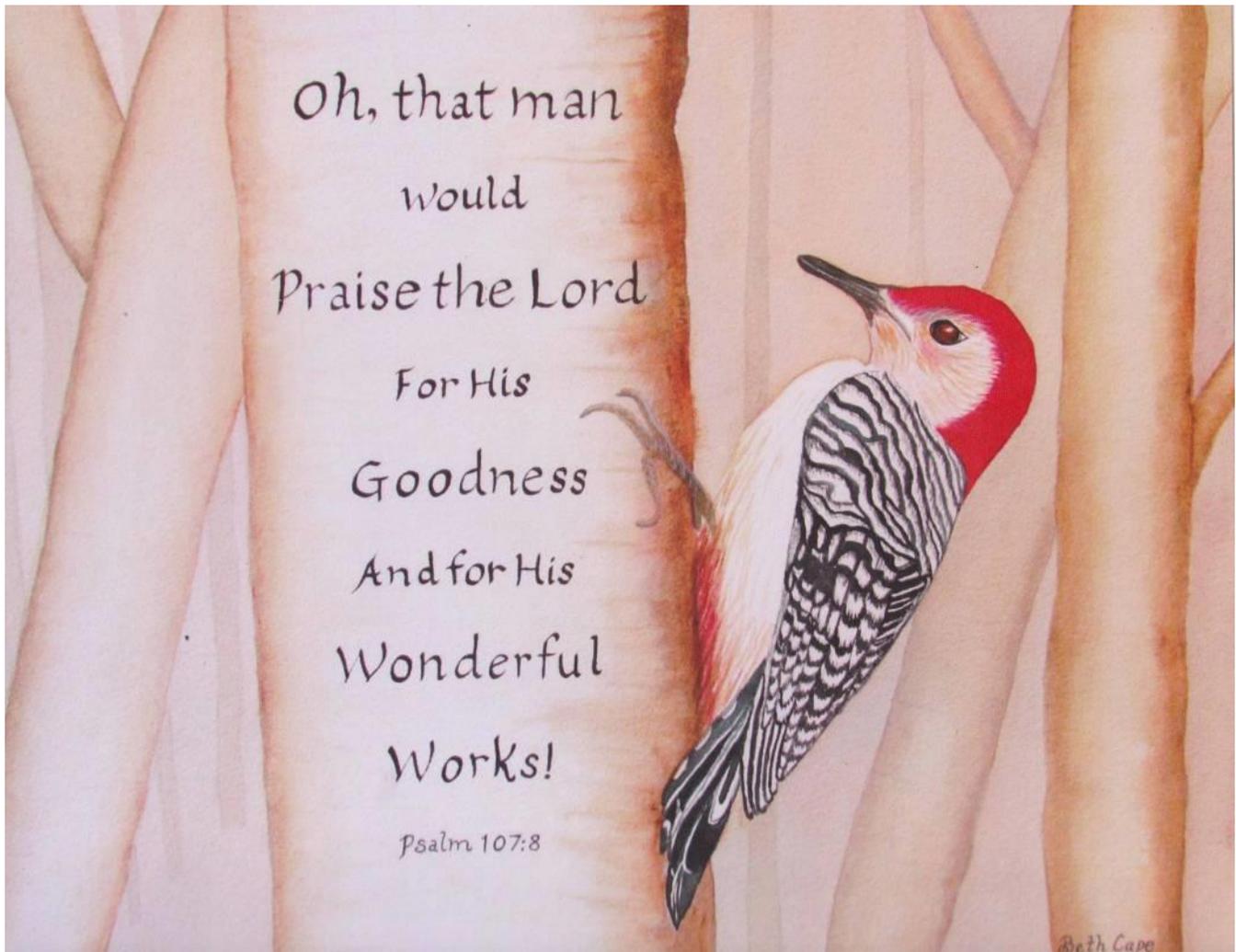
Photos = Photos - Photos



Our speaker, Dr. Beth Cape



**Deana Braden
Guest of Jim Roe**



Hand-Out from Our Speaker, Dr. Beth Cape, to Each Attendee



Website: hsvoptimists.org

CALENDAR

- 6/30 Thursday - **NO MEETING - 5th Thursday**
- 7/5 Tuesday **4:00 pm**
1st Commercial Bank – Whitesburg Dr.
Board Meeting
- 7/7 Thursday **6:00 pm** 88 Buffet
Benjamin Moody – Big Brothers Big Sisters of North Alabama
- 7/14 Thursday **11:45 am** 88 Buffet
TBD – Jim Roe
- 7/21 Thursday **11:45 am**
Optimist Recreation Center
Business Meeting - Food – (Jim Roe)
- 7/28 Thursday **11:45 am** 88 Buffet
TBD – Jim Roe
- 8/2 Tuesday **4:00 pm**
1st Commercial Bank – Whitesburg Dr.
Board Meeting
- 8/4 Thursday **6:00 pm** 88 Buffet
TBD – Tom Casteel
- 8/11 Thursday **11:45 am** 88 Buffet
TBD – Tom Casteel
- 8/18 Thursday **11:45 am**
Optimist Recreation Center
Business Meeting - Food – (Tom Casteel)
- 8/25 Thursday **11:45 am** 88 Buffet
TBD – Tom Casteel

THE OPTIMIST CREED

Promise Yourself -

To be so strong that nothing can disturb your peace of mind.

To talk health, happiness and prosperity to every person you meet.

To make all your friends feel that there is something in them.

To look at the sunny side of everything and make your optimism come true

To think only of the best, to work only for the best and to expect only the best.

To be just as enthusiastic about the success of others as you are about your own.

To forget the mistakes of the past and press on to the greater achievements of the future.

To wear a cheerful countenance at all times and give every living creature you meet a smile.

To give so much time to the improvement of yourself that you have no time to criticize others.

To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

Optimist International



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PLACE
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HERE

TO: